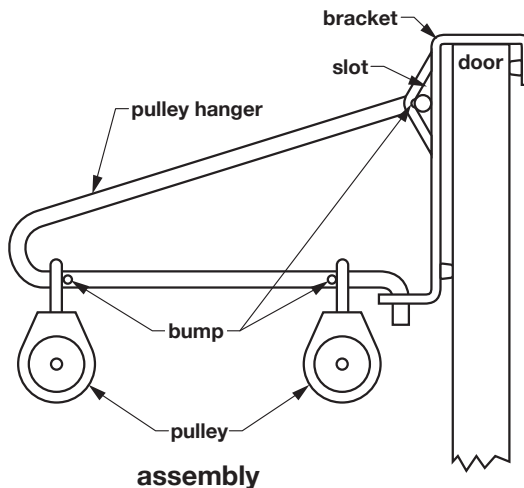


- ⚠ WARNING:** Important! Use the GF1871 Cervical Traction Set only under the care of a physician. Read and understand these instructions before assembling or using the GF1871 Cervical Traction Set. If you do not understand any part of these instructions, contact a healthcare professional for direction in the use of this product. If the GF1871 Cervical Traction Set is not properly assembled and adjusted, personal injury and/or damage to the Cervical Traction Set could result.
- ⚠ WARNING:** If components are damaged or missing, contact your dealer immediately. DO NOT use substitute parts. Use only Grafco replacement parts. Non-Grafco replacement parts could cause personal injury and/or damage to the Cervical Traction Set.
- ⚠ WARNING:** GF Health Products, Inc. assumes no responsibility for any damage or injury caused by improper assembly or use of this product.

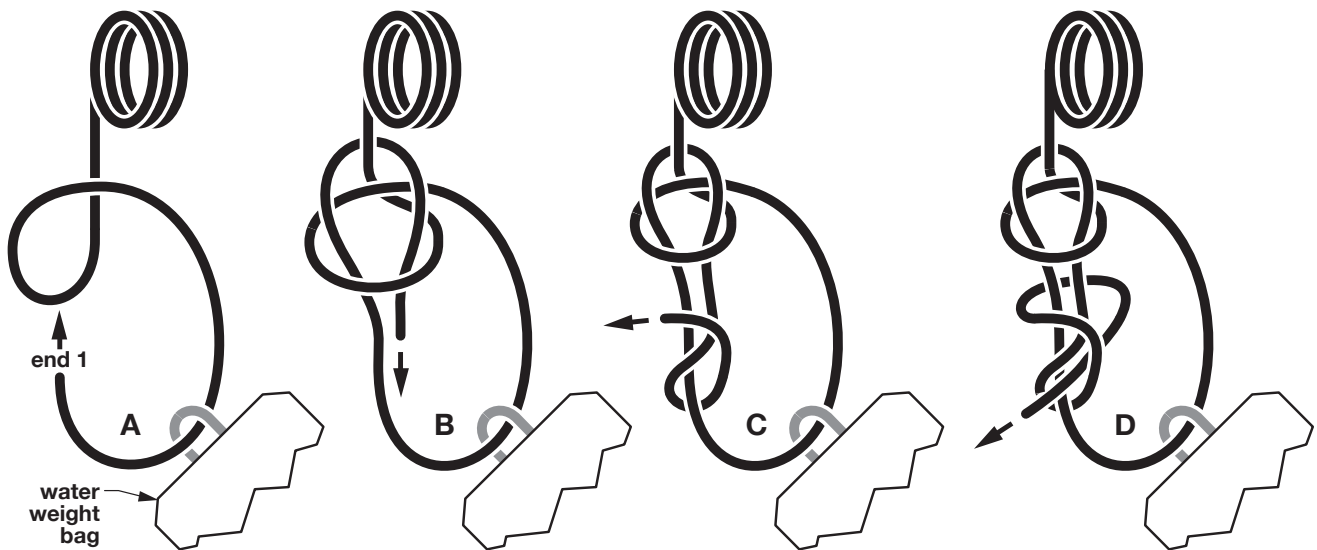
### Assembly instructions

Unpack box; remove components from bags. During assembly, refer to pictures at right to identify components.

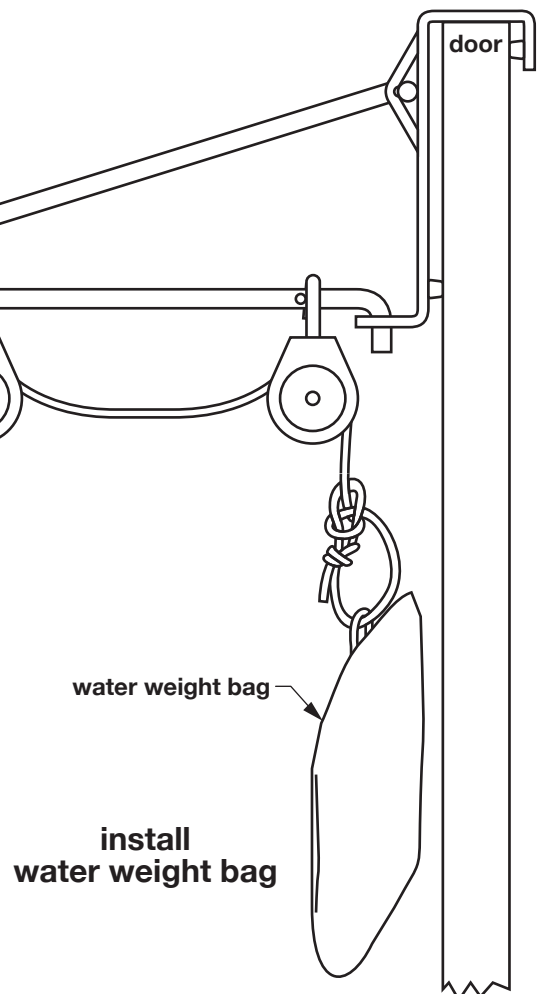
1. Insert top of pulley hanger into slot in bracket; turn hanger until it fits into slot. After insertion, ensure that bump traps pulley hanger in slot as shown at right.
2. Ensure that pulleys are oriented as shown at right (bumps keep pulleys separated). Insert bottom of hanger pulley through bottom bracket lip as shown (this will require a little force).
3. Install bracket and pulley hanger over door as shown at right.



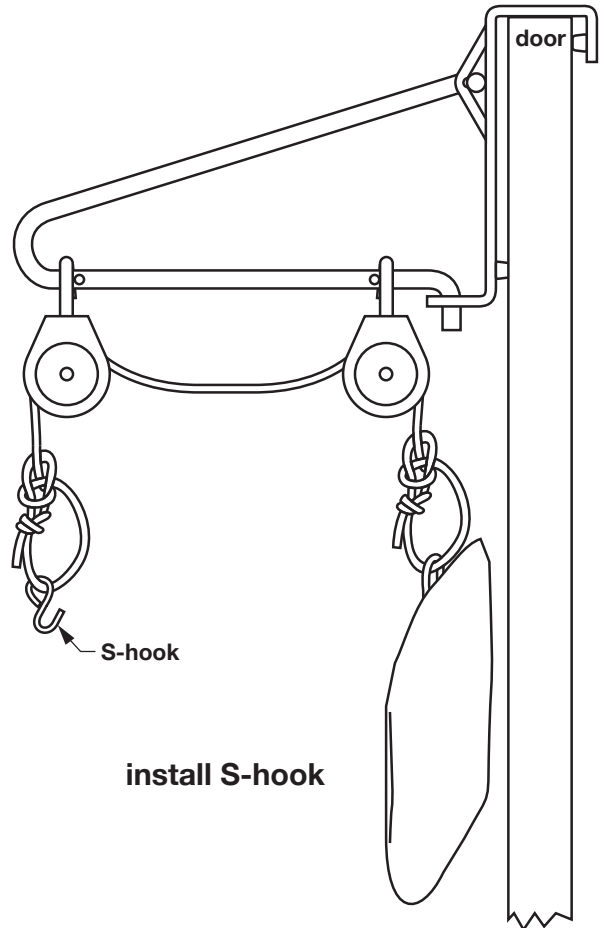
4. Insert one of the rope ends (end 1 in the picture below) through the ring at the top of the water weight bag; tie a secure knot, such as a bowline with a back-up knot, to fasten it. If you do not know how to tie a bowline with back-up knot, follow steps A-D below:



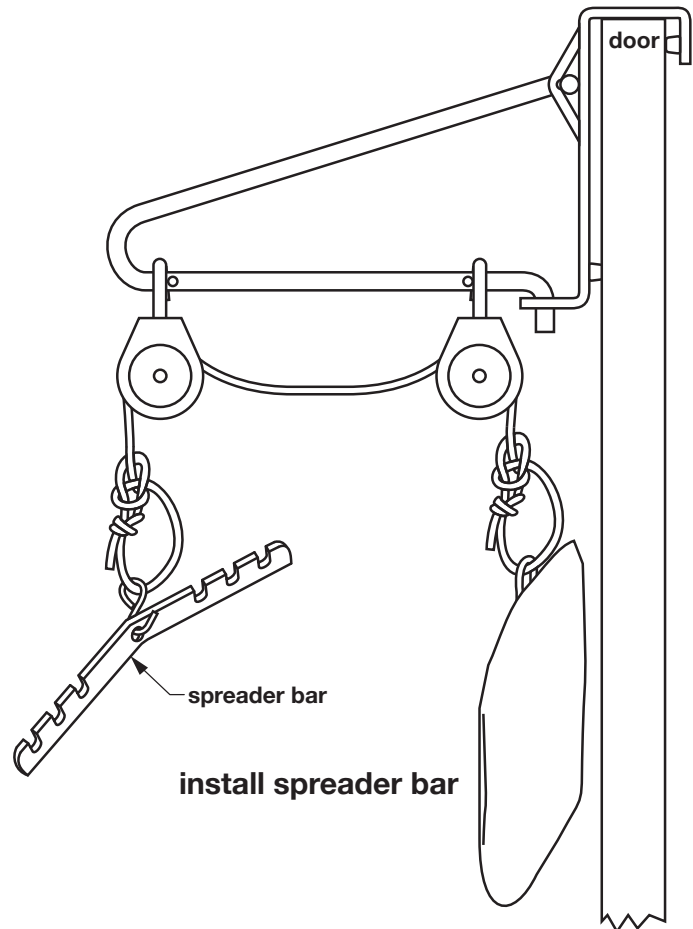
5. Pull rope ends taut. Before continuing, ensure that rope is taut and tied as instructed in step 4, with water weight bag securely installed on rope.
6. Fill water weight bag with physician-prescribed amount of water.
7. Thread free end of rope through pulleys with water weight bag at closest point to door, as shown at right.



8. Install the closed loop of the S-hook on the free rope end and tie a secure knot, as you did in step 4. Pull rope ends taut. Before continuing, ensure that rope is taut and tied as instructed, with S-hook securely installed on rope, as shown at right.



9. Hang spreader bar on S-hook as shown at right.

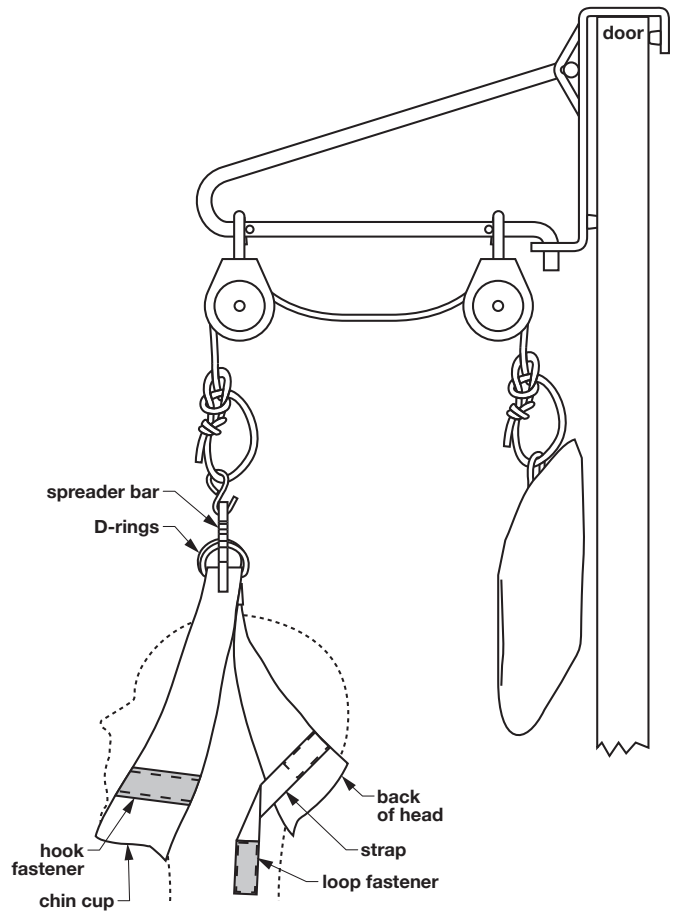


10. Install halter by D-rings on spreader bar slots as shown at right, with straps and hook and loop fasteners oriented as shown, in the position recommended by your healthcare provider.

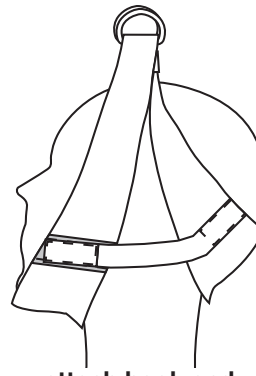
### Operation instructions

**⚠ WARNING:** Before each use, ensure that knots are tight, all hardware is secure, and that rope is not frayed. Ensure that rope remains aligned on top of pulleys and moves freely; rope may get off-track and bind between pulley wheel and casing.

1. Sit in chair and face away from door as shown at upper right (or as your physician prescribes). Slip halter, oriented as explained in step 10 above, onto your head.
2. Fasten hook and loop fasteners as shown at lower right. Ensure that halter fits comfortably; adjust fit by moving halter straps up or down at D-rings. Avoid any sudden, jerky movement.
3. Use the Cervical Traction Set for the prescribed amount of time; do not move during this time.
4. At end of prescribed time, lift water weight bag to relieve tension on halter. Detach hook and loop fasteners, and carefully remove halter from your head.



install halter



attach hook and loop fasteners

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