

Grafco® *Moist Heat Pad*

Features

*Micro***BEADS**™
Technology



Microwaveable



Also Available
10" Round, Item 2081 and Neck Wrap, Item 2082

9" x 12" Pad, Item 2080



7 17076 08590 8

2080-INS-LAB RevA06

Grafco®

Moist Heat Pad

Features

*Micro***BEADS**™
Technology



Microwaveable



Also Available

9" x 12" Pad, Item 2080 and Neck Wrap, Item 2082

10" Round, Item 2081



2081-INS-LAB RevA06



Grafco®

Moist Heat Pad

Features

MicroBEADS™
Technology



Microwaveable



Also Available

9" x 12" Pad, Item 2080 and 10" Round, Item 2081

Neck Wrap, Item 2082



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2082-INS-LAB RevA06



Grafco Microwaveable Moist Heat with MicroBeads™ Technology

What is so special about MicroBeads™ Technology?

These amazing MicroBeads represent a major development in moist heat technology. Without wires or added water, MicroBeads will produce moist heat using the convenience of a microwave oven. MicroBeads are not made of gel, liquid or wheat and MicroBeads will not rupture, leak or eventually dry out. MicroBeads are designed to offer safety and convenience.

When heated in the microwave, MicroBeads release their retained moisture, providing therapeutic moist heat.

After the treatment, MicroBeads will absorb moisture back from the air, ready to be used again. With proper care, MicroBeads will give you effective Moist Heat repeatedly.

The MicroBeads have been stitched into a soft fabric that is designed to allow the maximum release of moisture and is shaped to fit to the body's contours. Your Moist Heat Pad/Neck Pad includes a convenient, washable cover.

INSTRUCTIONS FOR USE

HEATING INSTRUCTIONS

1. Place your Moist Heat Pad or your Neck Wrap in the microwave oven without the cover.
2. Make sure the microwave oven is completely clean and free of any food debris or fluids.
3. Make sure any extra functions such as those used for grilling or browning are turned off.
4. Set the microwave to the highest power setting and use the following guide:

Power Rating (watts) Microwave	Time In
500 - 650	3 Minutes
700 - 850	2.5 Minutes
900 +	1.5 Minutes

5. When properly heated, place the Heat Pad or the Neck Wrap in the washable cover and place it over the area of treatment.

HEATING FROM FREEZER

Place Moist Heat Pad or Neck Wrap in microwave at DEFROST setting for 3 to 4 minutes. Allow to stand 5 minutes, then follow normal heating instructions as above.

REHEATING FROM WARM

If reheating while still warm, heat for only 1 minute and if more heat is needed, heat only for an additional 30 seconds. The time for reheating from warm should not be more than 1.5 minutes in total. Continuous use by reheating the MicroBeads may result in reduced moisture. This is normal. Allow the pad or wrap to rest for two to three hours. This will allow the MicroBeads to rejuvenate themselves by absorbing moisture from the air, to give you effective moist heat.

COLD USAGE

1. Place your Moist Heat Pad or Neck Wrap in a refrigerator or freezer, inside a sealed plastic bag, for 2 to 3 hours.
2. Use towel, or use the cover supplied, to place the product on the area of treatment. It should be used no more than 20 minutes at a time, with 3 to 4 hours rest, between applications.

FREQUENTLY ASKED QUESTIONS

Q- How do I wash my Moist Heat Pack or Neck Wrap?

A- Do not wash your Moist Heat Pad or Neck Wrap. That's why we have included a washable cover for cleanliness. The surface of the pad may be cleaned using a mild cleanser and a damp cloth. If MicroBeads receive an excessive amount of water, they will not function and produce Moist Heat. If you do not have a washable cover, please wrap it in a towel before use.

Q- Can I place the Moist Heat Pad or Neck Wrap Product in the microwave with the cover on?

A- No. The cover supplied should be used only for cleanliness. You must not put the cover in the microwave with your Moist Heat Pad.

WARNINGS

Use carefully, may cause serious burns. Do not use over sensitive skin areas or in the presence of poor circulation. The unattended use of Moist Heat Pad/Neck Wrap by children or incapacitated persons may be dangerous.

The Moist Heat Pad or Neck Wrap could be permanently damaged if heated for more than the guideline times. This could also affect the guarantee of your product.

Do not heat this product with any means other than a microwave oven. If overheated, your Moist Heat Pad or Neck Wrap will be too hot to touch. Allow it to cool before removing from the microwave. Check if your Pad or Neck Wrap has been damaged. If you see any sign of damage on the pad, do not use the product. It should be discarded.

Do not use while sleeping. Do not use on an unconscious person.

Do not use Moist Heat Pad or Neck Wrap with any ointment, lotion or similar preparations that contain heat producing ingredients, such as menthol or camphor; skin burns could result.

This product should not be used by diabetics.

IF IN DOUBT, CONSULT YOUR PHYSICIAN BEFORE USE.

This product will produce moisture. Do not use it resting against furniture etc, as the pad will make the surface wet.

IMPORTANT:

Do not exceed 20 minutes per application. Recommended treatment time is 10 to 20 minutes, with at least 3 hours between each therapy. While using hot or cold, check the treatment area every 10 minutes to help prevent burns or frostbite. If you feel uncomfortable using the product, stop using it immediately. Always consult your physician before beginning any hot or cold therapy. If pain persists or becomes more severe, consult your physician immediately.

WARRANTY

The Moist Heat Pad or Moist Heat Neck Wrap is warranted against defective material or workmanship for a period of one year from the date of purchase. Any defective part will be repaired or replaced at no charge if it has not been tampered with and the pad has been used according to these printed directions. This Warranty gives you specific legal rights, as well as other rights which vary from state to state. If you experience unsatisfactory operation of have any questions, contact your Grafco dealer.

**PLEASE KEEP THIS FOR FUTURE REFERENCE
DO NOT LEND OUT THIS PRODUCT WITHOUT
ITS INSTRUCTIONS**



Manufactured for:
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