

How To Adjust Your Lumex[®] Rollator Handbrakes



If you do not feel comfortable adjusting the brakes yourself, seek the assistance of a local provider.

1. This image shows a brake handle that needs to be loosened.

Release spring tension by pressing down on the brake (as if you were going to engage the brake), then turn the small nut above the spring to decrease the thread gap above the nut as seen in the photos.

You want to see fewer threads (this will move the brake shoe further away from the wheel). Do not loosen the brake too much or it will not engage properly.

2. This image shows a brake handle that needs to be tightened.

Release spring tension by pressing down on the brake (as if you were going to engage the brake), then turn the small nut above the spring to increase the thread gap above the nut as seen in the photo.

You want to see more threads (this will pull the brake shoe closer to the wheel). Do not tighten the brake too much or it will be difficult to lock into place.

